



## College Study Tours

# Intercultural Studies in Peru

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### Day 1: Fly to Peru

Meet your group and board your flight to Lima.

**Arrive in Lima:** Welcome to Lima, Peru's capital since 1535. Depending on your arrival time, you may have free time to settle in and explore the city on your own before enjoying dinner as a group.

### Day 2: Lima

**Sightseeing tour of Lima:** Behold vestiges of Lima's rich colonial heritage on a guided tour of the city. See the Government Palace, the official residence of Peru's President, before exploring the city's bustling main square. Here you'll see such architectural marvels as the Archbishop's Palace, City Hall, and the Cathedral. Then, explore the famed Monastery of San Francisco, which houses a museum of fine religious art as well as catacombs first dug in the 16th century.

**Larco Museum:** Visit the Larco Museum to explore the finest gold and silver collection from Ancient Peru. The museum also houses one of the most impressive displays of traditional Peruvian ceramics in Lima.

🍴 **Ceviche cooking class:** Enter the kitchen and learn what goes into making your own ceviche—a dish that's been declared part of Peru's national heritage and even has its own holiday.

**Miraflores:** Later, explore the "Heroic City" and its popular shopping areas, lavish gardens, and breathtaking views of the Pacific.

**Dinner:** From here, join your group for dinner.

### Day 3: Lima | Cuzco | Sacred Valley

**Flight to Cuzco:** Depart for Cuzco, a UNESCO World Heritage Site and the former seat of the Incan Empire.

**Sightseeing tour of Korikancha Temple:** After adjusting to the altitude, take a guided tour of the remains of the Korikancha Temple, once the most important temple in the Incan Empire.

**Dinner:** After dinner with your group, transfer via Chinchero road to Sacred Valley, where you'll spend the night.

### Day 4: Sacred Valley

**Weaving demonstration in Umasbamba:** See how traditional weaving is done in this region during an authentic demonstration.

**Maras:** Take in the sloping salt ponds of Maras, in use since the Incan times.

**Guided tour of Ollantaytambo site:** Learn more about this historic archaeological site, which was once the estate of Incan Emperor Pachacuti.

**Dinner:** Afterwards, enjoy a hearty dinner with your group.

### Day 5: Sacred Valley | Machu Picchu

**Machu Picchu:** Take the morning train from Ollantaytambo to Machu Picchu, the fabled "Lost City of the Inca." A century later, this UNESCO World Heritage Site and one of the New Seven Wonders of the World continues to take the breath away from all who visit it. You'll see remnants of temples and terraces that have yet to reveal the true purpose of Machu Picchu.

**Dinner:** Later, join your group for dinner.

### Day 6: Sacred Valley | Ollantaytambo | Pisac | Cuzco

**Travel to Ollantaytambo:** This morning, return to Ollantaytambo.

**Pablo Seminario:** Watch sculptors create beautiful ceramics at this authentic artisan workshop.

**Pisac:** Browse local goods among Incan ruins at nearby Pisac's famous market.

**Sacsayhuaman site:** Explore the expansive, zigzagged walls of these unique Inca ruins.

**Dinner:** Later, join with your group for dinner.

### Day 7: Cuzco

**Free day in Cuzco:** Enjoy free time to catch up on coursework, explore on your own, or simply relax.

**Community visit:** Spend your afternoon visiting a local community program.

**Dinner:** From here, meet with your group for a delicious meal.

### Day 8: Cuzco | Lima

**Fly to Lima:** Your Tour Director assists with the ride to the airport, where you'll have dinner before boarding your flight to Lima.

**Depart for home:** Arrive in Lima, where you'll check in for your overnight return flight home. Return home on day 9.

## 🍴 2-DAY PROGRAM EXTENSION

### Day 8: Cuzco | Iquitos | Amazon Lodge

**Travel to Iquitos:** Board your flight to Iquitos. Located in the Amazon rainforest, it's known as a port city and gateway to the jungle lodges and tribal villages of the northern Amazon.

**Travel to an Amazon lodge:** Transfer by boat to an area lodge, a camp-style accommodation that provides unparalleled access to Peru's incredible biodiversity. *(Please note that the lodge does not have electricity.)*

**Lunch:** Enjoy lunch at the lodge, or on the way to the lodge, with your group.

**Orientation:** Following a briefing on the lodge, take in the surrounding natural beauty during a wildlife tour, and spot the toothy grins of caimans and the punk-rock hairdos of the hoatzin birds.

**Dinner:** Enjoy dinner with your group.

**Evening boat tour:** This evening, cruise down the river during a night boat tour.

### Day 9: Amazon lodge

**Yagua Village:** Visit a local indigenous people group, the Yagua. They have approximately 4,000 to 6,000 members left of their tribe and are known for artisanal crafts and their use of blow darts for hunting.

**Lunch:** Afterwards, enjoy lunch.

**Boating excursion:** After lunch, take a boating excursion.

**Dinner:** Enjoy dinner with your group.

### Day 10: Amazon Lodge

**Visit a local community:** Visit a local community before returning to Iquitos. Your Tour Director will assist with the ride to the airport, where you'll board your flight to Lima. Lunch and dinner are included today.

**Depart for home:** Connect to your overnight flight home and arrive home on day 11.

For the most recent itinerary and a full list of everything included in your program, visit [efcst.com/peua](http://efcst.com/peua)