

# Cultural Immersion in Havana

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# Day 1: Fly to Cuba

Arrive in Havana: Founded by the Spanish in the 16th century, Havana has long been an important bridge between the New World and the Old World. Start your journey through this urban paradise with a visit to Plaza de la Revolución, one of Havana's three main boroughs and where former President Fidel Castro addressed millions of Cubans during critical moments in the country's history.

University of Havana: Meet with students and faculty at the University of Havana, one of the oldest universities founded in the Americas. There you'll participate in a discussion about access to education on the island, and find out what kinds of subjects students study—and how they are preparing themselves for careers after graduation.

Community project visit: Experience a colorful and high-energy community project that focuses on bringing circus arts and acrobatics to children. See how the project brings the community together by creating an engaging place for children to learn and grow.

### Day 2: Havana

National Literacy Museum: In 1960, Fidel Castro vowed to eliminate illiteracy in Cuba within one year. During your visit to the National Literacy Museum, you'll learn how ordinary Cubans ambitiously volunteered to teach their fellow countrymen in an unprecedented national literacy campaign.

Community daycare visit: Travel to Parraga and visit a community-run daycare center. You'll discuss the different projects and programs available to disadvantaged children in Cuba, and learn about how they are overcoming the challenges of poverty.

**Local food industry visit:** Participate in a discussion about private enterprise in Cuba at a local restaurant and organic farm.

**Finca Vigía:** Visit the museum that was once home to American novelist Ernest Hemingway. It was in Finca Vigía where Hemingway wrote one of his most famous works, *The Old Man and the Sea*.

**Muraleando community project:** Participate in workshops that involve the entire community in art, dance, and music, and discuss the impact of art on communities with artists and students alike.

# Day 3: Havana | Pinar del Rio

**Tobacco farm visit:** Make your way to a tobacco farm in Pinar del Rio, where you'll speak with local tobacco farmers and learn about tobacco production and the cigar rolling techniques that help create one of Cuba's most famous exports.

**Cueva del Indio:** Take a scenic boat ride along an underground river to Cueva del Indio, a cavernous seaside treasure with a stunning view of the coast. After you return inland, have lunch with a family on their organic farm and learn about best practices in Cuban farming.

**Stop in Viñales:** Make a short stop in this small town which is surrounded by low mountain ranges. The Viñales Valley was named a UNESCO World Heritage Site in 1999. After your visit, head back to Havana for the rest of the night.

## Day 4: Havana | Matanzas

**Travel to Matanzas:** Today you'll be exploring Matanzas, a city famous for its poets, artists, and Afro-Cuban culture. Take a stroll through the Main Square and visit the Old Pharmacy Museum, established in 1882.

Community visits: Your first stop is at the School of Music and Art, where you'll get to meet the students and teachers who are culturally enriching their community. You'll also meet with a local artist in their workshop, where you can ask about what life is like for a professional artist in the city. Your tour of the community concludes with a visit to a bookmaking shop, where you'll meet with local bookbinders and vendors.

Photo stop at the Bacunayagua Bridge overlook: This bridge lies over a deep canyon, and is the highest bridge in Cuba. It's considered one of the seven wonders of Cuban civil engineering. After taking a few photos, return to Havana where you'll spend the night.

## Day 5: Havana

Language lesson: Start the day off with a Spanish language lesson.

Arte Corte community project: Visit an organization that has financially revived a Havana neighborhood by enabling barbers and stylists to flourish.

**Sport in Cuba:** Discuss North and Latin America's influence on Cuban sports culture. Then, take to the field to play a game of baseball.

**Educational outreach:** Meet with teachers and students at a neighborhood-sponsored learning facility to discuss outreach projects. After dinner, witness the Cañonazo Cannon Firing Ceremony that celebrates the city's rich seafaring history.

# Day 6: Havana | Santa Clara

Travel to Mayabeque: Make your way to Mayabeque Province, an area that boasts beautiful beaches and a thriving agricultural community.

Las Terrazas community visit: Learn from a Las Terrazas naturalist about the coffee plantations, natural protected reserves, and wildlife in this scenic region. You'll meet with a local landscape artist before taking a relaxing nature walk to nearby San Juan River, where you can meet and talk to locals who are also taking in the natural beauty.

**Polo Montañes' house:** Visit the house of Polo Montañes, a famous Cuban singer and songwriter. Afterwards, enjoy lunch with some locals at a farmer's house nearby.

José Fuster studio: On your way back to Havana, visit the home and studio of José Fuster, a multi-talented artist who creates ceramics, paintings, drawings, and more. Make sure to ask about the impact of his artwork on the community.

# Day 7: Depart for home

Transfer to the airport and check in for your return flight home.