



EducationFirst

College Study Tours

PROJECT FOR LIFE: DEVELOPING SUSTAINABLE COMMUNITIES IN PERU

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Day 1: Fly to Peru

Meet your group and board your flight to Lima.

Arrive in Lima: Welcome to Lima, Peru's capital since 1535. Depending on your arrival time, you may have free time to settle in and explore the city on your own.

Day 2: Cuzco | Sacred Valley

Flight to Cuzco: Depart for Cuzco, a UNESCO World Heritage Site and former location of the Incan Empire.

Seminario Studio: Pablo Seminario set up this ceramic workshop over 30 years ago in Urubamba. An architect by trade, he's spent decades studying different Peruvian pottery techniques and recreating them. Here you can see his collection and learn about the art of preservation and the history of pre-Colombian Peru.

Day 3: Machu Picchu

Travel to Aguas Calientes: Take a morning train from Ollantaytambo to Aguas Calientes.

Global competency exercises: With the Peruvian highlands as your backdrop, take part in exercises designed to strengthen your sense of cultural, linguistic and historical awareness.

Explore Machu Picchu: This fabled "Lost City of the Inca," was brought into the international spotlight in 1911 by Yale lecturer Hiram Bingham. A century later, this UNESCO World Heritage Site and one of the New Seven Wonders of the World continues to take the breath away from all who visit. Ascend its mountainous pedestal for a guided tour. Archaeologists have yet to determine why the city was abandoned so many years ago. You'll see remnants of temples and terraces that have yet to reveal the true purpose of Machu Picchu. This evening, take some time to reflect on everything you've experienced this evening after dinner.

Day 4: Machu Picchu | Cuzco

Travel to Ollantaytambo: Take a scenic morning train to the former Incan stronghold of Ollantaytambo. Located along the Inca Trail, this archaeological site was the royal estate of Emperor Pachacuti who conquered the region in the mid-15th century.

Pisac: Browse local goods at Pisac's famous market. You'll have time to reflect on the events of the day with your group before heading to Cuzco for the night.

Day 5: Cuzco

Travel to a local community: This morning you'll visit a local community in the Cuzco area.

Explore Cuzco: It's time to explore Cuzco by foot. Like most Central and South American cities, Cuzco's main square is called the Plaza de Armas, otherwise known as The Square of the Warrior. Within the historic Incan plaza you can explore local markets and the Cusco Cathedral, one of the most beautiful cathedrals in Peru. You'll spot late-Gothic, Baroque and plateresque interiors—and some of the most outstanding examples of colonial gold work.

Days 6–8: Cuzco

Service project: Spend the morning and afternoon working on a service project in the community you're visiting.

Global competency exercises: After lunch, take some time with your group to reflect on the day. You'll either have free time in Cuzco or continue your service project this evening. After dinner, there will be time for a reflection exercise.

Day 9: Cuzco | Lima

Travel to Lima: Fly to Lima this morning from Cuzco.

Explore Lima: You'll have some time today to explore Peru's capital city. Lima is home to one of the oldest higher learning institutions in the New World, dozens of museums, and one of the leading cities when it comes to innovative and tasty cuisine. You'll get a chance to see where some of the ingredients that go into this unique food culture come from on a visit to one of Lima's open air fruit markets.

Depart for home: Travel to the airport and depart for your overnight flight.

Day 10: Arrive home

For the most recent itinerary and a full list of everything included in your program, visit efct.com/pfla