



# College Study Tours

GHANA

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## Day 1: Fly to Ghana

Meet your group and travel on an overnight flight to Accra.

## Day 2: Accra

**Arrive in Accra:** Welcome to Accra, capital city of Ghana. Originally a 19th-century suburb that served as a small capital to the British-ruled Gold Coast, Accra has blossomed into a modern metropolis.

**Travel to the Kokrobitey Institute:** Situated on a beautiful campus at the ocean's edge, Kokrobitey Institute was established in 1992 to increase understanding of the rich cultural and historical resources of Ghana.

## Day 3: Kokrobitey Institute

**Lecture with local community leaders:** Attend a lecture with community leaders at the Kokrobitey Institute, where you'll gain an in-depth look into the mission and goals of the institute from a service-focused perspective. The lecture may introduce you to the Ga people, the traditional rulers of the Accra and coastal regions.

**Wetlands tour:** Explore the institute's beautiful seaside location by canoe as you journey through the coastal wetlands—a haven for more than 70 species of aquatic birds.

**African drum and dance performance:** Experience your first taste of the vibrant traditional Ghanaian culture when you attend an African drum and dance performance. Watch the thrilling show of traditional, ceremonial and war dances, whose roots continue to play a significant part in Ghanaian culture.

**Evening film:** Tonight, enjoy a movie presented by the Kokrobitey Institute.

## Day 4: Kokrobitey Institute

**Sightseeing tour of Accra:** The city of Accra was founded by the Ga people in the late 1600s. Today, Accra is Ghana's largest city and considered to be the economic, commercial and manufacturing center of the country. Begin your sightseeing tour of Accra at the Nkrumah Mausoleum, the final resting place for the first president of Ghana. Situated in a park-like setting with a museum dedicated to Nkrumah's life nearby, the Mausoleum is a poignant showcase of Kwame Nkrumah's quest to establish Ghana as an independent nationalist country, separate from the heavy British influence that had shaped it for hundreds of years. Experience some modern Ghanaian culture on a visit to the Art Center—a large marketplace full of vendors showcasing their crafts. Bargain for handcrafted wood carvings, traditional Ghanaian drums, and a variety of colorfully woven and elaborately decorated fabrics. Your last stop will be at the Du Bois Center—the final resting place of the American civil rights activist and co-founder of the NAACP, W.E.B. Du Bois. Take a stroll through the humble grounds where the late leader of the Niagra Movement spent his remaining years compiling the *Encyclopedia Africana*, and even get a look at his personal library.

**Dinner in Accra:** Enjoy a taste of Ghanaian cuisine, which includes eclectic styles and varying staples from the many ethnic groups, tribes and clans.

## Day 5: Cape Coast

**Travel to Cape Coast:** This morning transfer to Cape Coast, the capital city of Ghana which was founded by the Portuguese in the 15th century.

**Visit Cape Coast Castle:** Another UNESCO World Heritage Site, Cape Coast Castle was established as a fortification site in 1653. Explore the dungeons where hundreds of slaves were held before being transferred by boat to the

western hemisphere. Cape Coast Castle has switched hands throughout the years—first occupied by Swedish, then Danish, and eventually British rule before finally returning to Ghanaian ownership.

**Travel to a Cape Coast hotel:** Spend your night relaxing in the hotel, or take an evening stroll amid batholic rock formations and balmy weather.

## Day 6: Cape Coast | Elmina

**Visit the Library Project:** In 2003, Somerville University student Hattie Begg began a charity to fund a free public library in Cape Coast. The area she chose was a seven-mile walk from the nearest library, and as a result had extremely high levels of illiteracy. Today the library is not only fully funded and finished, but it's visited by hundreds of children and adults every week. You'll get to participate in reading activities with them, whether it's in the study room for adults (with access to textbooks, fiction and drama) or the children's study room, which is primarily used for learning English.

**Visit with a chief:** You'll get the chance to visit with one of the chiefs from the traditional administration of Cape Coast, which has existed since the 1660s. The chiefdom consists of the *omanhen* (the head chief), *ahenfo* (subordinate chiefs) and *apanfo* (counselors).

**Elmina Castle:** Visit the grounds of a 15th-century Portuguese castle in Elmina, formally called the Gold Coast. Erected in 1482, this distinctly Western structure is the oldest European building that exists below the Sahara. From the outside, it stands as a physical reminder of the region's long history—first as one of the earliest trading posts, then a grim device in the Atlantic slave trade. You'll have plenty of time to spot the seaside renovations before returning to your hotel.

## Day 7: Kokrobitey Institute | Akosombo

**Visit Kakum National Park:** Spend the day immersed in natural beauty and exploration in one of Ghana's most treasured harbors of endangered wildlife. Home to giant bongo antelope and the African elephant, Kakum National Park is a natural wonderland of lush rainforest—a sight to behold from the daring perspective you'll have on the only canopy walkway found in an African national park. Spot some animals you've likely never seen before during your rainforest adventure before returning to the Kokrobitey Institute for the night.

## Day 8: Kokrobitey Institute

**Visit the Volta River Authority:** Embark on an excursion to the scenic region surrounding Lake Volta, the largest reservoir in the world. You'll learn how the main generator and supplier of electricity to Ghana manages the environmental impact of Lake Volta (a man-made lake) on the people and towns bordering the lake.

## Day 9: Kokrobitey Institute

**Art workshop:** Today, gain insight into an important part of Ghanaian culture by participating in an art workshop. Activities may include making African Batik, the colorful patterned cloth that people use for clothing and bags. You can also learn about basket weaving and crafting recycled jewelry.

## Day 10: Depart for home

For the most recent itinerary and a full list of everything included in your program, visit [efest.com/ghaa](http://efest.com/ghaa)